



**3ABN SCHOOL OF DISCIPLESHIP (SOD)**  
(7-day Intensive)

Cultivating Minds for Christ

3ABN School of Discipleship  
3391 Charley Good Rd  
West Frankfort, IL 62896

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[www.3abnsod.com](http://www.3abnsod.com)

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## Our Mission

The 3ABN School of Discipleship (SOD) is committed to teaching and cultivating minds to prepare a people to finish the gospel work. We do this by what we call the Three E's: Edify, Equip, and Excel.

Our goal is to **Edify** students with invigorating Bible instruction that will **Equip** them to live and share the undiluted three angels' messages of Revelation 14 with a lost and dying world. Through personal scriptural training and instruction, students will **Excel** to become genuine disciples, and thrive in their efforts to add souls to God's Kingdom.

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## Why SOD?

SOD puts the extra emphasis on discipleship! While SOD includes instruction on different elements of personal, public, and digital evangelism, students will experience more unique and exclusive training on how to grow into more confident and well-grounded disciples for Christ. Our goal is to train disciples who make more disciples. Not only will students receive the highest quality of in-class instruction from some of their favorite 3ABN speakers, but our instructors are committed to making time for extra small-group and individual discipleship sessions outside of the classroom. While there will be a small academic element in certain classes, students can look forward to a deeper emphasis on spiritual growth and personal devotion during their time at SOD. In other words, students will have more freedom to study, reflect, and meditate on their personal relationship with God without the pressures of heavy academic homework. The 3ABN campus will provide a safe and quiet haven for students to rest and rejuvenate. The campus is located in a quiet country setting surrounded by beautiful corn fields and lots of wildlife. Our southern Illinois location is conveniently located in the Midwest region of the United States, making it easily accessible for those who travel from either coast. Students won't have to worry about preparing meals, since they can look forward to breakfast and lunch provided daily. 3ABN also provides comfortable and clean housing for relaxation, study, and a good night's rest. Best of all, students can reap all the benefits of SOD for an affordable cost.

### Summary of benefits:

- Stronger emphasis on true discipleship
- More time with instructors outside of class
- Less academics, more spiritual growth and personal devotion
- Quiet country campus setting
- Central U.S. location
- Daily breakfast and lunch provided
- Comfortable and clean housing
- Affordable cost

## Objectives

### As a result of diligent participation in each course, students will:

1. Learn to apply practical and spiritual lessons in becoming true disciples of Christ
2. Integrate the contents of class lectures and training in their personal evangelistic efforts
3. Be equipped with advanced knowledge and understanding of the biblical teachings and principles taught by the Seventh-day Adventist Church
4. Develop a comprehensive understanding of the church's mission and function
5. Grow in their daily spiritual walk with Christ

## Course Descriptions

### How to Study the Bible

This course addresses the fundamentals of personal study and daily devotion for the purpose of better understanding the Scriptures, prophecy, and the writings of Ellen G. White. Students will learn the importance of good biblical hermeneutics—not just for the purpose of gaining knowledge, but to deepen and strengthen their daily relationship with God.

### Apologetics

This course takes a deeper look into all the fundamental biblical doctrines taught by the Seventh-day Adventist Church. Students will gain a solid understanding of all the principles and teachings that set Seventh-day Adventism apart from the rest of evangelical Christianity.

### Church History

This course deals with the rich history and origin of the Seventh-day Adventist Movement. Students will learn about how the Adventist Church was founded, and the major roles of its founders. They will also take a deep look into the person, character, and influential writings of Ellen G. White. Instructors will also share content on the religious context in which the Seventh-day Adventist Church relates to the rest of the world.

### The Great Controversy

This course seeks to inform and transform students' minds by highlighting the realities and eternal effects of the cosmic battle between Christ and Satan. Students will be taken on a spiritual expedition through Scripture to discover the depths, influence, and prophetic implications of the war behind all wars. They will also gain a deeper understanding of the serious nature of sin, and Christ's redemptive work to save us from our sins. Ultimately, participants will come to know the true meaning behind the eternal truth that "God is Love."

### Conquering the Crave

As the right arm of the gospel, health reform and medical missionary work should be major contributing factors in our lives and discipleship efforts. This class will bring to light the key aspects of health and its necessity, while seeking to establish its proper and balanced place within the gospel experience. Students will also gain knowledge in the importance and great need of properly implemented medical missionary work in these last days of Earth's history.

### Essentials of Evangelism

This course deals with the multiple elements of evangelism, leading students on a deep study of practical applications related to personal, friendship, and public evangelism. The goal is to equip students with a practical knowledge of implementing an appropriate evangelism cycle in their personal lives, church, and community, while living out Christ's method of true evangelistic success.

## Admissions

### Admission to the 3ABN School of Discipleship will be based on the following criteria:

- Two (2) credible recommendations, including one by the student's local pastor and/or first elder. (*Included in application*) References should be from someone who has known the student for at least six months. Immediate or extended family references will not be accepted.
- Submission of a completed application to attend the 3ABN School of Discipleship.
- A suggested donation application fee of \$30.
- A recent photograph (*for ID purposes—include with the returned application*)
- A written response (*300 words minimum*) describing why the student wants to attend the 3ABN School of Discipleship. (*Included in application*)

**(Please inform your references immediately upon submitting your application to check their email for a reference form. They will need to submit the form before your application can be processed.)**

## Application Procedure

### Complete and submit the application, along with the application fee, by the deadline which is four weeks prior to the start of class.

To complete the application, go to [3abnsod.com](http://3abnsod.com), click on the "Application" tab, then submit the completed form along with the application fee as prompted. Applications will not be processed until the application fee has been received. If students want to submit a video of themselves describing why they want to attend SOD, it should be emailed to [contactsod@3abn.org](mailto:contactsod@3abn.org) once the online application has been completed. Applications will be reviewed and processed by the SOD committee, and applicants will be notified of their acceptance or non-acceptance into the program via email.

## Registration

All students need to check-in for the intensive on Friday, the first day of the program. Anyone arriving before that date will not be accommodated in student housing. Flight and travel plans should be made so students can arrive on 3ABN campus on that Friday to register between the hours of 9:00 a.m. and 5:00 p.m., Central.

## Tuition and Fees

### There are two financial options for attending the 3ABN School of Discipleship 7-day Intensive.

Option 1: Tuition, food, and board	\$400 suggested donation
Option 2: Tuition and food (student brings their own camper)	\$250 suggested donation

Cancellations must be submitted in writing via mail or email. Cancellations received two (2) weeks prior to registration day (campus arrival) will receive a full refund. Any refund requests made *after* this period will receive a 50% refund of tuition only.

## Housing/Childcare

Male and female student housing will be provided on campus in a 3ABN apartment. Each student will share a room with a person of the same gender, and are expected to keep all living areas clean at all times. Students will be responsible for any damage to housing or surrounding 3ABN property. Appropriate housing arrangements will be made in the case of married couples. 3ABN has no childcare facilities, so please make prior arrangements. A second option is for students to bring their own camper, trailer or RV. This option is recommended, due to the fact available apartments are limited. *Note: Please make other arrangements for your pet to be cared for during your time at 3ABN, since no pets are allowed in the apartments or on campus.*

## Meals

Students will be served tasty and healthy vegetarian meals while attending the 3ABN School of Discipleship. Breakfast and lunch will be provided daily. Students will be expected to provide their own supper.

## Attendance

Students are expected to attend all classes, planned programs, and events. Punctuality should be consistently practiced during the program. In the event unavoidable circumstances arise, the instructors should be notified and made aware of the situation so an excused absence may be issued.

## Transportation

If possible, we encourage students to bring their own vehicles as they will be responsible for their own transportation during this program. This includes to and from the airport, to class, and to local stores/restaurants. There are many rent-a-car companies located at or near the airports in St. Louis, Missouri, and Marion, Illinois.

However, if you require special arrangements, we can provide transportation to and from the Veterans Airport of Southern Illinois (Marion, IL) ONLY. Please notify us as soon as possible. Students who don't bring a vehicle are encouraged to help drivers cover fuel and other vehicle-related costs, if needed.

## Conduct

Students will be respectful of each other, 3ABN employees, and guest instructors/speakers at all times. Any rude, discriminatory behavior, harassment, or victimization will not be tolerated and will be subject to disenrollment from the school and dismissal from campus.

## Dress Code

Dress and appearance should be neat and modest, as befits a disciple of Christ. Please do not wear skin-tight apparel, revealing, or low-cut clothing. Business casual is required while participating in class (no jeans or t-shirts). For women, dress slacks are permitted, and dresses should reach the knee or below when seated. Sandals and flip-flops are not permitted in the classroom.

## Items Needed

The only required textbook is the Bible. Students should have a KJV or NKJV translation of Scripture, or access to an app, website, or software with those versions. We recommend students bring personal computers, or any typical classroom items, i.e., folders, pens, pencils, notebooks, etc.



## Staff / Instructors



### **Ryan Day - Coordinator, Instructor**

**Ryan Day** grew up in a Christian home in Northeast Arkansas. With one foot in the church and the other in the world, Ryan was a Christian by day and a musical performer and professional disc jockey by night. After college, he and his wife, Stephanie, had a genuine experience with Christ which led them to commit their lives to full-time evangelism with Amazing Facts Ministry where Ryan served as an evangelist for five years. Ryan is thankful to be a part of the 3ABN family where he currently serves as General Manager of the 3ABN Praise Him Music Network and the Coordinator for the School of Discipleship.



### **Ian Vandervalk - Assistant Coordinator**

**Ian Vandervalk** was born and raised in South Florida. He spent the majority of his life searching for an identity in all the wrong places and lived for the pleasures of the world. After spending 12 years in the United States Army, Ian turned his life over to the Lord and began a new journey. He is a graduate of the Amazing Facts Center of Evangelism. Currently, Ian serves as a 3ABN Producer and is the Assistant Coordinator of the 3ABN School of Discipleship. He and his wife Angela, who also works for 3ABN in production, have two wonderful children together.



### **James Rafferty - 3ABN Director of Discipleship, Instructor**

**James Rafferty** is Director of Discipleship Ministry for 3ABN. He is an ordained pastor, evangelist, and author of several books. He has been in full-time gospel ministry for over 38 years with a special focus on Daniel and Revelation. God has opened doors for James to share the everlasting gospel in America, Africa, Asia, Europe, South America, and the South Pacific. He has been married to his lovely wife Risë for 33 years and they are blessed with two adult children.



### **Stephanie Day - Registrar**

**Stephanie Day** is the Administrative Assistant for the 3ABN Praise Him Music Network where her husband of 13 years, Ryan, is the general manager. She received her degree in Middle School Math and Science Education and has taught for the public school and the Adventist school system in Arkansas and Illinois. Prior to joining 3ABN, she was the principal of the Thompsonville Christian School near 3ABN and taught all subjects in grades 6-8 for 4 ½ years.



### **John Lomacang - 3ABN Director of World Evangelism, Instructor**

**John Lomacang** is 3ABN's Director of World Evangelism, and appears on many 3ABN programs, including the 3ABN Sabbath School Panel, 3ABN Worship Hour, and 3ABN Today programs. His music ministry and his vast experience in sharing the gospel throughout the world have made him a valued network speaker and vocalist. An ordained minister for over 30 years, he serves as pastor of the Thompsonville Seventh-day Adventist Church, and his wife Angela works in our 3ABN Radio Network.



### **Daniel Perrin - 3ABN Pastoral Department Assistant Manager, Instructor**

**Daniel Perrin** serves as the Assistant Manager of the 3ABN Pastoral Department. His focus has been on making Bible truths clear to children and youth. He has shared the gospel and the joy of following Jesus with teenagers for 18 years, serving as a Bible Teacher and Chaplain in a Seventh-day Adventist High School.



### **Risë Rafferty - M.S., RDN, Instructor**

**Risë Rafferty**, MS, RDN is a wife, mother, and registered dietitian. Her enthusiasm for promoting spiritual and physical health fuels her service and ministry. Her faith, family, the role of lifestyle in promoting health, preventing disease, and the quest for wholeness are her top passions.



### **Kim Wolfe - Chef**

**Kim Wolfe** is from Los Angeles, California. With over 20 years in the food industry and community services, Kim has devoted her skills and talent in always helping others in need and serving the Lord in her food ministries.

## Schedule

### Friday (Arrival)

9:00 a.m. – 5:00 p.m. Check-in  
6:00 p.m. Fellowship Dinner  
7:00 p.m. Meet-n-Greet

### Sabbath

8:30 a.m. Breakfast  
9:30 a.m. Sabbath School  
11:00 a.m. Divine Worship  
(Fellowship Lunch afterwards)  
6:00 p.m. Fellowship Dinner

### Sunday

7:00 a.m. Breakfast  
8:00 a.m. – 8:30 a.m. Morning Worship  
8:30 a.m. – 9:00 a.m. Syllabus Overview  
9:00 a.m. – 12:30 p.m. Class  
12:30 p.m. – 1:30 p.m. Lunch  
1:30 p.m. – 5:30 p.m. Class

### Monday - Wednesday

7:00 a.m. Breakfast  
8:00 a.m. Morning Worship  
8:30 a.m. – 12:30 p.m. Class  
12:30 p.m. – 1:30 p.m. Lunch  
1:30 p.m. – 5:30 p.m. Class

### Thursday

7:00 a.m. Breakfast  
8:00 a.m. Morning Worship  
8:30 a.m. – 12:30 p.m. Class  
12:30 p.m. – 1:30 p.m. Lunch  
1:30 p.m. – 3:30 p.m. Class  
3:30 p.m. – 5:30 p.m. Tour of 3ABN Studios

### Friday

7:00 a.m. Breakfast  
8:00 a.m. Morning Worship  
8:30 a.m. – 12:30 p.m. Class  
12:30 p.m. – 1:30 p.m. Lunch  
1:30 p.m. – 3:30 p.m. Class

### Sabbath

8:30 a.m. Breakfast  
9:30 a.m. Sabbath School  
11:00 a.m. Divine Worship  
(Fellowship Lunch afterwards)  
6:00 p.m. Presentation of Certificates/Charge  
(Refreshments afterwards)

## Travel/Arrival Information

### **Airports:**

Lambert International Airport (STL) in St. Louis, Missouri, is approximately two hours from 3ABN (see enclosed map). Guests need to make their own arrangements for transportation, and may rent a car at the airport.

Veterans Airport of Southern Illinois (MWA) is a small regional airport in Marion, Illinois. This airport is approximately 30 minutes from 3ABN, and rental cars are available at the airport. **Flights to Marion are direct only from Chicago O'Hare International Airport.**

If you require special arrangements for transportation, please notify us as soon as possible. We will provide transportation from the Veterans Airport of Southern Illinois (MWA) to 3ABN for those who notify us ahead of time.

### **By Car:**

3ABN is about 5.5 hours south of Chicago, Illinois, and 3.5 hours northwest of Nashville, Tennessee. Set your GPS address to 3577 Angel Lane, Thompsonville, IL 62890, for 3ABN's Worship Center, where registration will be held. Be sure to bring your 3ABN campus map.

# DIRECTIONS TO 3ABN



## Airport Directions

From the airport:

- Take **I-70 East to I-64 East**
- Take **I-64 East to I-57 South**
- Watch for **Exit 65 (West Frankfort)**
- Take that off ramp to **the right**
- **Turn left** or east onto **State Route 149**
- Continue east through the town of **West Frankfort**, after about **10 miles** you will see the large **3ABN sign** and the large **3ABN Production Center** on the right

This is approximately a **2-hour drive** (about **125 miles**).

## GPS Directions

If you use a GPS:

- Try **“3ABN”**
- Or **“Three Angels Broadcasting Network”**

If you need an address, try:

**3391 Charley Good Road,  
West Frankfort, IL 62896**



**618-627-4651**

Visit us online at **3ABN.tv**

*Listen to 3ABN Radio locally on WDQN 95.9 FM.*

*Listen to our local radio station 88.7 FM for 24/7 Christian music.*

# 3ABN CAMPUS MAP



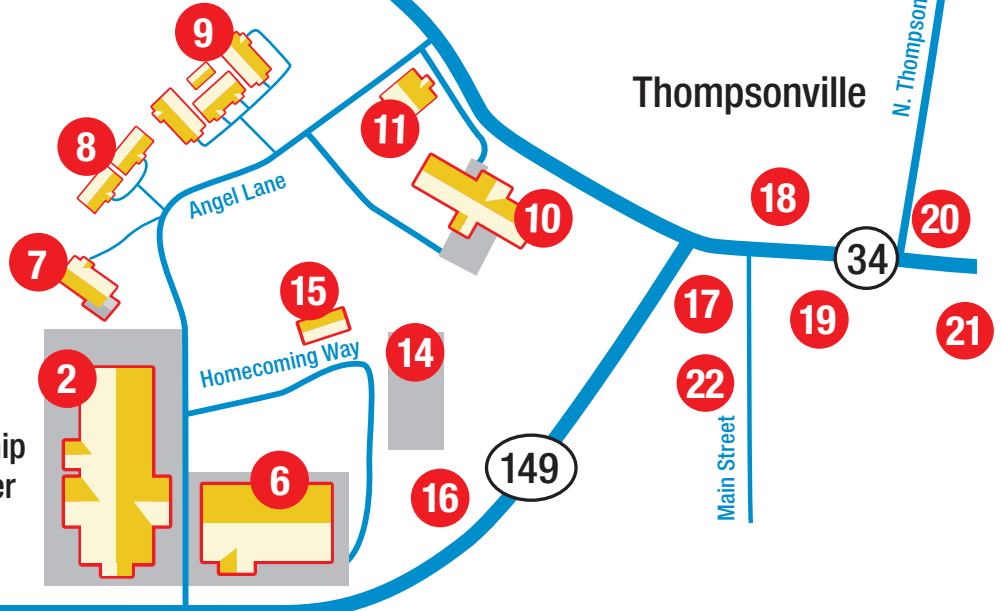
\*Map not to scale

West Frankfort  
9.4 miles

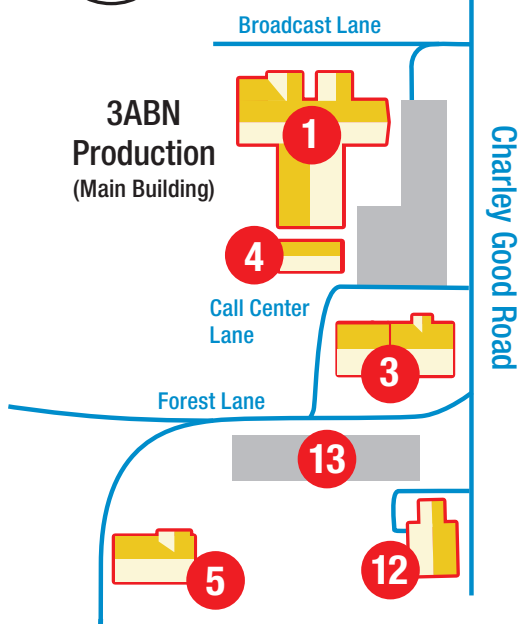
Benton  
10.6 miles

Thompsonville

N. Thompsonville/Akin Rd.



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## 3ABN Locations

- 1 **3ABN Production Center** - Studio A, Studio B, Radio
- 2 **Worship Center** - Studio D, Thompsonville SDA Church
- 3 **3ABN Call Center**
- 4 **Donation Center**
- 5 **3ABN Sound Center**
- 6 **Junior Academy/Gym**
- 7 **Guest Rooms** D13, D14, D15  
3865 Angel Lane
- 8 **Guest Rooms** A16, A17  
3927 Angel Lane
- 9 **Guest Rooms** A0–A7  
3993 Angel Lane

- 10 **3ABN Planned Giving**  
Lower Level-Guest Rooms C10, C11, C12 Angel Lane (Entrance)
- 11 **The Browse Around Thrift Store**
- 12 **Guest Rooms** B8, B9 - Lower Level  
3189 Charley Good Road
- 13 RV Parking area
- 14 RV Parking with Bath House
- 15 Pavillion/Picnic area
- 16 Camping area

## Thompsonville

- 17 Post Office
- 18 Payne Service Center  
(gas and convenience store)
- 19 Southern Illinois Bank
- 20 Dollar General
- 21 Deb's Restaurant
- 22 Laundromat



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